

Instant Orthodontics Really?



Porcelain veneers have become widely accepted as the benchmark of conservative cosmetic dentistry. They have been used successfully to mask teeth which are discolored and poorly shaped. Bonding ultra-thin shells of porcelain to teeth created many of those Hollywood smiles that we envy.

Today, with the advancement in adhesive technology, we can achieve very strong bond strengths of porcelain to tooth structure. As a result of this technology we are capable of doing more with bonded porcelain than ever before. One such application is the correction of mild to moderate crowding of the anterior teeth or what we call Instant Orthodontics.

We call this instant orthodontics because in as little as two weeks a patient can go from teeth that are crowded to a perfect smile. Patients that decide to do instant orthodontics usually have already explored the possibility of conventional orthodontics and did not want to spend two to three years in braces to align their teeth only to find that to correct the shape and color they would have to do porcelain veneers. The procedure begins with the preparation of the tooth. This entails removing the discolored or unsightly portion of the tooth and meticulously shaping the tooth in preparation for the new veneer. Once we have shaped the tooth, we will take an impression. This impression will be sent to our lab where your new restoration will be crafted. While the new veneers are created, we will provide you with a temporary restoration. Our temporary restorations will resemble your natural teeth so that you can continue with your daily life without worrying about a missing or incompatible tooth. During your second visit to the office, we will proceed with the placement of your final restoration. The veneers will be fitted comfortably into the mouth. We will make every effort to ensure that the new tooth feels exactly like one of your natural teeth. The final step in the process will be to bond the new veneers into your mouth, leaving you with a beautifully restored smile.

Healthy Tips



Fight Cancer with America's Favorite Summertime Drink

The American Institute for Cancer Research (AICR) conducted a research study that turned up some surprising results. Tea contains antioxidants which neutralize "free radicals" that are thought to cause cancer. Next time you order refreshing iced tea, enjoy and know you may be fighting cancer.